

PUPCAKES

Plant-based pupcakes are a fun way to get your dog to eat more fruits and veggies :)

INGREDIENTS

makes 12 pupcakes:

1 1/2 cups all purpose flour 1/2 tsp cinnamon 1 tsp baking soda 1/2 tsp baking powder pinch of salt 2 Tbsp coconut oil melted 2 Tbsp applesauce 1 cup plant-based milk (I use oat milk) 1 tsp apple cider vinegar 1 cup pureed vegetables (pumpkin, sweet potato, carrots...) 1/2 cup maple syrup

FOR THE ICING:

4 oz vegan cream cheese 1/4 cup peanut butter

DIRECTIONS

Preheat oven to 350°F.

Put all ingredients in a blender and mix. Pour dough in cupcake pan previously lined with baking paper cups. Bake for 15-20 minutes. Cool cupcakes on cooling rack.

Meanwhile, mix the vegan cream cheese and the peanut butter together. Once the cupcakes are cool, put icing on top using a pastry bag with a decorative tip (if you don't have one, you can spread it with a small spatula).

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