

GREEN BEAN CASSEROLE

This plant-based version of classic green bean casserole is the perfect holiday side dish.

Ingredients

serves 6-8

2 lb green beans (fresh or frozen) 2 yellow onions, thinly sliced 1 lb cremini mushrooms 4 cloves garlic, minced 1 cup raw cashews (soaked if you don't have a high-speed blender) 3 cup water 2 cup vegetable broth (I make my own) 6 oz fried onions (I use Trader Joe's) salt & pepper olive oil

DIRECTIONS

Preheat oven to 350F.

Steam the green beans until tender, 5-10 min if fresh, 15-20 min if frozen. Put in baking dish.

In pan on medium heat, cook onions with some olive oil and a pinch of salt until softened, about 10 minutes. Add to baking dish.

In the same pan, on high heat, sauté mushrooms until browned, about 8-10 minutes. Add garlic, stir until fragrant, about 1 minute. Season with salt and pepper, and add to baking dish.

Blend cashews with water and broth. Pour blended mixture in a saucepan, and heat on medium heat. Stir constantly until thickened. Pour in baking dish and stir to combine.

Bake in oven for 30 minutes.

Top with fried onions and bake for 5 more minutes.

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